

Year 9 Curriculum Overview 2025-2026

Subject - PSHE

	Knowledge & Understanding			PSHE Refs	Literacy Skills Opportunities for developing literacy skills	Employability Skills [if any]	Assessment Opportunities
	Composites	Components [KEY concepts & subject specific vocab]	Formal Retrieval [if any]				
Autumn Health and Wellbeing	Mental Health Anxiety, stress and self harm Depression and suicide Dealing with Grief Family conflict and Homelessness What is extremism Keeping safe online grooming and trolls	Pressure affecting mental health and how to help ourselves What is suicide Why do people die of suicide? What is grief and bereavement? The different stages of grief How to support someone who is grieving Common problems in families Conflict between parents and children Causes of becoming homeless Short and long-term effects How to define extremism How do people become radicalised	Moral choices Rights and responsibilities Justifying choices Decision making Individual Liberty	H3 H14 H19 H6 R13 R1 R45	Listening to others Sharing ideas orally in small groups and as a class Long answer questions Opportunities to read aloud	Communication and interpersonal skills Problem solving Team working Ability to learn and adapt Debate Empathy	Discussion to show understanding of the concepts discussed Written responses in books show clear understanding of pupils MCQ
Spring RSHE	Peer Pressure and Personal Choice Self-Image Beliefs, Values and a Moral Compass Parenthood Pregnancy and Abortion	Different types of committed relationships Consent and respect Physical consent Sexual exploitation and human rights. Objectification and the impact of casual attitudes towards sex The journey of pregnancy Rights and responsibilities	Making the right choices Social Responsibility Tolerance and Respect Moral Choices Taking responsibility	R13 H21 L9 L6 H33	Listening to others Sharing ideas orally in small groups and as a class Long answer questions Opportunities to read aloud	Communication and interpersonal skills Problem solving Team working Ability to learn and adapt Debate Empathy	Discussion to show understanding of the concepts discussed Written responses in books show clear understanding of pupils MCQ

<p>Summer</p> <p>Living in the Wider World</p>	<p>The Protected Characteristics of St Anne's</p> <p>Toxic Masculinity</p> <p>The History of Pride</p> <p>Gender and Trans</p> <p>Pride and Equality</p> <p>Your So Gay' -</p> <p>Homophobia</p>	<p>What is LGBTQ</p> <p>Roman Catholic Teachings</p> <p>Different types of relationships</p> <p>Why people struggle with sexuality</p> <p>Importance of Tolerance and respect</p> <p>Toxic masculinity</p> <p>Changes in families and gender roles</p>	<p>What is a healthy relationship</p> <p>Benefits of healthy friendships</p> <p>Moral Choices</p> <p>Taking responsibility</p>	<p>L19</p> <p>L20</p> <p>L21</p> <p>L22</p> <p>L23</p> <p>L25</p>	<p>Heterosexual</p> <p>Homosexual</p> <p>Prejudice</p> <p>Bigotry</p> <p>Dignity</p> <p>Consent</p> <p>Acceptance</p> <p>Gender identity</p> <p>Transgender</p> <p>Bisexual</p> <p>Asexual</p> <p>LGBT</p> <p>Sexuality</p>	<p>Communication</p> <p>Team work</p> <p>Emotional Literacy</p>	<p>Discussion to show understanding of the concepts discussed</p> <p>Written responses in books show clear understanding of pupils</p> <p>MCQ</p>
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