

Year 8 Curriculum Overview 2025-2026

Subject - PSHE

	Knowledge & Understanding			PSHE Refs	Literacy Skills Opportunities for developing literacy skills	Employability Skills [if any]	Assessment Opportunities
	Composites	Components [KEY concepts & subject specific vocab]	Formal Retrieval [if any]				
Autumn Term Health and Wellbeing	Peer Pressure Drugs and Vaping Gangs, knife crime and county lines Gender and Identity Healthy relationships Protected Characteristics	Risks of smoking and vaping Healthy and unhealthy pressure What is consent? The Law What is coercion What are the dangers of gangs What is a county line Different variants of sexual expression, orientation, gender and identity Understanding pronouns	Showing respect Benefits of healthy friendships Making the right choices Personal qualities The UK Law Individual Liberty Personal Choices over time	H15 H17 H10 H21 R2 R5	Listening to others Sharing ideas orally in small groups and as a class Long answer questions Opportunities to read aloud	Communication and interpersonal skills Problem solving Team working Ability to learn and adapt Debate Empathy	Discussion to show understanding of the concepts discussed Written responses in books show clear understanding of pupils
Spring Term RHSE	Being Unique - Appreciating Differences Understanding Our Feelings Pregnancy, Prenatal Care, Miscarriage Protected Characteristics and Prejudice Think Before You Share - Online Safety	Contraception to birth Tough Relationships Prejudice and discrimination The social, personal and legal consequences of sharing images of a sexual nature Exploring issues of prejudice, discrimination and homophobic bullying Equality and being worthy of love Attraction and unions	Showing respect Benefits of healthy friendships Making the right choices Personal qualities The UK Law Individual Liberty Personal Choices over time	R22 R32 R29 R23 R6	Listening to others Sharing ideas orally in small groups and as a class Long answer questions Opportunities to read aloud	Communication and interpersonal skills Problem solving Team working Ability to learn and adapt Debate Empathy	Discussion to show understanding of the concepts discussed Written responses in books show clear understanding of pupils
Summer Term Living in the Wider World	The Protected Characteristics What does it mean to be British The United Nations Mutual Respect The Criminal Justice System	The UK Government Democratic Process in the UK How the Local Government works and how it is funded? What the local council can help us with Individual Liberty Youth Justice system	British Values in practice- Democracy and Rule of Law Rights and Responsibilities		Listening to others Sharing ideas orally in small groups and as a class Long answer questions Opportunities to read aloud	Communication and interpersonal skills Problem solving Team working Ability to learn and adapt Debate Empathy	Discussion to show understanding of the concepts discussed Written responses in books show clear understanding of pupils

	Youth Courts	Criminal responsibilities Sentencing and penalties Aims and principles of the United Nations Articles of the UN	Making the right choices				
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