

Year 11 Curriculum Overview 2025-2026
Subject - PSHE

	Knowledge & Understanding			PSHE Refs	Literacy Skills Opportunities for developing literacy skills	Employability Skills [if any]	Assessment Opportunities
	Composites	Components [KEY concepts & subject specific vocab]	Formal Retrieval [if any]				
Autumn Term Living in the Wider World	Post 16 Options Personal Statement Interview Prep How to Revise and Revision timetable Stress and Exam Performance Student finance	Academic Profiles Job expectations How to make the right career choices Applying for and preparing for the World of Work Universal Employability Skills Realistic career goals Career Planning What is time management Healthy ways to deal with stress Work Life Balance Revision Techniques How the brain works	Good study routines How to promote good mental health Different job sectors/ considering different options Skills & Qualities needed for different jobs Personal qualities and skills	L12 L9 L4 L5 L11	Listening to others Sharing ideas orally in small groups and as a class Long answer questions Opportunities to read aloud	Communication and interpersonal skills Problem solving Team working Ability to learn and adapt Debate Empathy	Discussion to show understanding of the concepts discussed Written responses in books show clear understanding of pupils
Spring Term RHSE	Self Worth Addiction Birth Control Pornography STI's	The importance of positivity What is addiction Different types of contraception What is pornography Why can pornography be harmful Impact of continuous viewing and on healthy ses lives Different types of STI The impact and issues with STI Prevention	Individual Liberty Making the right choices Taking responsibility	H20 R20 R23 R8 R6	Listening to others Sharing ideas orally in small groups and as a class Long answer questions Opportunities to read aloud	Communication and interpersonal skills Problem solving Team working Ability to learn and adapt Debate Empathy	Discussion to show understanding of the concepts discussed Written responses in books show clear understanding of pupils