

Year 8 Curriculum Overview

PE

Autumn Term	Knowledge & Understanding			Literacy Skills	Employability Skills	Assessment Opportunities	CST
	Composites	Components [KEY concepts & subject specific vocab]	Formal Retrieval [if any]	Opportunities for developing literacy skills	[if any]		
Half term 1 and 2 Pupils will take part in 2 composite s per term	Health Related Fitness	Pupils will develop the skills necessary to compete in a number of fitness-based events. To develop an experience of a range of activities that involves sustained physical work. Using fitness activities to encourage reflective leaning. Leading warmups will aim to develop communication skills. The pupils will learn the different methods of training that are relevant to the knowledge and understanding needed at GCSE Level.	Participation in extra-curricular clubs and representing school teams Application of tactics and strategies into competitive situations. ‘Do Now’ activities based on prior learning	Use of KO and vocab lists in ‘Do Now’ tasks. Use of whiteboards and mini whiteboards for identifying keywords/analysing performances/recording results	<ul style="list-style-type: none"> • Service • Ambition • Determination • Respect • Self-improvement • Leading an active lifestyle • Resilience • Self-reflection determination • Teamwork • Leadership • Respect • Adhering to rules • Coaching • Analysis • Giving feedback • Presenting/performing • Safety consciousness • Health consciousness • Decision making and applying 	MCQ’s Formative assessment through small sided games Summative assessment through full sided games where possible Formative and summative assessment through scenario-based activities and group/individual performances	Human Dignity: Stories of immigrants and refugees that have fled conflict and played sport to a high level. Peace: Sportsmanship and resolving conflict rather than behaviours we would not want to exhibit on a sports field or around school Solidarity: Team work and the pride in representing St Anne’s sports teams. Preferential treatment for the poor: Saint John Paul II Sports
	Invasion Games (Football, Basketball, Netball, Handball and Rugby)	Pupils will be constantly faced with strategic and tactical decisions based on movement of the ball into space and choice of skill execution. Develop knowledge of the major rules and laws involved. Use an understanding of the principles of attack when planning their approaches to competitive games. Work effectively in a small team to choose and put into practice tactics for attacking and defending.	Effectiveness in role related tasks	Use of task and technique cards, using keywords and vocabulary.			

							<p>Scholarship embedded annually</p> <p>Providing kit for students on PP list.</p> <p>Participation:</p> <p>St John Paul II Sport Scholarship set up to create opportunities and increase participation</p> <p>Common Good:</p> <p>Charity work for Mary's Meals, local links with sports clubs and primary schools (SCFC intervention)</p>
--	--	--	--	--	--	--	---

Year 8 Curriculum Overview

PE

Spring Term	Knowledge & Understanding			Literacy Skills Opportunities for developing literacy skills	Employability Skills [if any]	Assessment Opportunities	CST
	Composites	Components [KEY concepts & subject specific vocab]	Formal Retrieval [if any]				
Half term 3 and 4	Net and Wall Games	Show a developing ability to read the flight of the shuttle and move into the necessary space to replicate chosen shot. Use different speeds and can	Participation in extra-curricular clubs and representing school teams	Use of KO and vocab lists in 'Do Now' tasks.	<ul style="list-style-type: none"> • Service • Ambition • Determination • Respect 	<p>MCQ's</p> <p>Formative assessment</p>	<p>Human Dignity:</p> <p>Stories of immigrants and refugees that</p>

<p>Pupils will take part in 2 composite s per term</p>	<p>(Badminton)</p> <p>Dance</p>	<p>manoeuvre/manipulate the shuttle into a number of different positions. Accurately replicates other core skills when needed, these would include jumping, sprinting, balance, reaction time. Can maintain a rally. Begin to understand importance of strategy and tactics when attacking.</p> <p>Pupils will develop movements and use creativity to develop a fluent dance sequence. Pupils will compose and perform a dance sequence showing an understanding of style, artistic intention and accompaniment. Pupils will develop and refine skills and compositional ideas based on decisions about movements, gestures and timing.</p>	<p>Application of tactics and strategies into competitive situations.</p> <p>‘Do Now’ activities based on prior learning</p> <p>Effectiveness in role related tasks</p>	<p>Use of whiteboards and mini whiteboards for identifying keywords/analysing performances/recording results</p> <p>Use of task and technique cards, using keywords and vocabulary.</p>	<ul style="list-style-type: none"> • Self-improvement • Leading an active lifestyle • Resilience • Self-reflection determination • Teamwork • Leadership • Respect • Adhering to rules • Coaching • Analysis • Giving feedback • Presenting/performing • Safety consciousness • Health consciousness <p>Decision making and applying</p>	<p>through small sided games</p> <p>Summative assessment through full sided games where possible</p> <p>Formative and summative assessment through scenario-based activities and group/individual performances</p>	<p>have fled conflict and played sport to a high level.</p> <p>Peace: Sportsmanship and resolving conflict rather than behaviours we would not want to exhibit on a sports field or around school</p> <p>Solidarity: Team work and the pride in representing St Anne’s sports teams.</p> <p>Preferential treatment for the poor: Saint John Paul II Sports Scholarship embedded annually</p> <p>Providing kit for students on PP list.</p> <p>Participation: St John Paul II Sport Scholarship</p>
--	--	--	---	---	--	--	--

							<p>set up to create opportunities and increase participation</p> <p>Common Good:</p> <p>Charity work for Mary's Meals, local links with sports clubs and primary schools (SCFC intervention)</p>
--	--	--	--	--	--	--	--

**Year 8 Curriculum Overview
Subject**

Summer Term	Knowledge & Understanding			Literacy Skills Opportunities for developing literacy skills	Employability Skills [if any]	Assessment Opportunities	CST
	Composites	Components [KEY concepts & subject specific vocab]	Formal Retrieval [if any]				
Half term 5 and 6	<p>Athletic activities (Running, Jumping and throwing)</p> <p>Striking and fielding (rounders,</p>	<p>To gain further experience at jumping events, aiming for height/distance. Throwing events, aiming for distance. Running disciplines, the time taken to cover a set distance. Pupils to evaluate the use of body parts to gain an improvement in replicated technique. Adapt & refine these strategies to the need of an event.</p> <p>Pupils will develop the fundamental principles of play when replicating core skills and movement needed including;</p>	<p>Participation in extra-curricular clubs and representing school teams</p> <p>Application of tactics and strategies into competitive situations.</p> <p>'Do Now' activities based on prior learning</p> <p>Effectiveness in role related tasks</p>	<p>Use of KO and vocab lists in 'Do Now' tasks.</p> <p>Use of whiteboards and mini whiteboards for identifying keywords/analysing performances/recording results</p> <p>Use of task and technique cards, using keywords and vocabulary.</p>	<ul style="list-style-type: none"> • Service • Ambition • Determination • Respect • Self-improvement • Leading an active lifestyle • Resilience • Self-reflection determination • Teamwork • Leadership • Respect • Adhering to rules • Coaching 	<p>MCQ's</p> <p>Formative assessment through small sided games</p> <p>Summative assessment through full sided games where possible</p> <p>Formative and summative assessment through scenario-</p>	<p>Human Dignity:</p> <p>Stories of immigrants and refugees that have fled conflict and played sport to a high level.</p> <p>Peace: Sportsmanship and resolving conflict rather than behaviours we would not want to exhibit on</p>

	<p>softball, cricket)</p>	<p>batting, bowling and fielding. To develop a more detailed understanding of terminology, rules and umpire signals during a competitive game situation. . Pupils will develop an understanding of how to outwit opponents using strategies and tactics during game play.</p>			<ul style="list-style-type: none"> • Analysis • Giving feedback • Presenting/per forming • Safety consciousness • Health consciousness <p>Decision making and applying</p>	<p>based activities and group/individual performances</p>	<p>a sports field or around school</p> <p>Solidarity: Team work and the pride in representing St Anne’s sports teams.</p> <p>Preferential treatment for the poor: Saint John Paul II Sports Scholarship embedded annually</p> <p>Providing kit for students on PP list.</p> <p>Participation:</p> <p>St John Paul II Sport Scholarship set up to create opportunities and increase participation</p> <p>Common Good:</p> <p>Charity work for Mary’s Meals, local links with sports clubs and primary schools</p>
--	---------------------------	---	--	--	---	---	--

